

Cellular Healing – how does it work?

Brandon Bays acknowledges the work of Dr Deepak Chopra, who has made a life study of successful survivors of illness. He found that they had two things in common. One - they were able to get into the 'gap', get in touch with the silence of being, the infinite intelligence, the wisdom beyond the mind. Two - they were able to let go of memories stored at a cellular level. Cells in the body all regenerate at different speeds. In the eye they take only 48 hours, whereas liver cells will take 6 weeks to regenerate. So what stops these cells regenerating healthily? Deepak Chopra explains that 'phantom memories' can get stored in the cells, and can cause degenerative disease patterns to be passed on, preventing healthy new cell replication.

In Dr Candace Pert's book 'Molecules of Emotion' she describes her Nobel Prize nominated research which established how emotions affect our bodies at the cellular level. If trauma and negative emotions are not resolved, they become physically stored as a cellular memory, preventing those cells involved from playing their part in the constant chemical communication taking place within the body. These memories not only 'switch off' these cells, but they can then lead to emotional and physical disease years after the events originally occurred.

The Journey process can enable you to completely let go of these memories, 'switching on' your cells, and enabling them to once again regenerate perfectly.

Ref: 'Quantum Healing' by Deepak Chopra MD ISBN 0553173324

Ref: 'Molecules of Emotion' by Candace B Pert Ph D ISBN 0-671-03397-2